

Senior Services (cont.)

Department for Aging and Rehabilitative Services <i>Adult Protective Services Division, Community Based Services Division, Disability Determination Services, Division for Rehabilitative Services Division, Division for Aging,</i>	800-552-5019 8004 Franklin Farms Dr Henrico, VA 23229
Norfolk Department of Human Services-Adult Services <i>Senior resources and information</i>	757-664-6000 741 Monticello Ave Norfolk, VA 23510
Seniors Aging Gracefully <i>Provides advocacy, education, community programs, resources and information for persons age 55 and better.</i>	757-409-3342 1251 West 42nd St Norfolk, VA 23508 www.srsag.com seniorsaginggracefully@gmail.com
Senior Services of Southwest Virginia <i>Provides services in advocacy, education, advanced care planning, information, and other comprehensive services</i>	757-461-9481 6350 Center Dr, Bldg 5, Ste 101 Norfolk, VA 23502
Virginia Navigator <i>Search for local services, helpful tips, and answers</i>	Check the website for services www.virginiannavigator.org

2-1-1 Virginia is a free service that can help you find the local resources you need. We are here for you 24 hours a day, 7 days a week.

<https://211virginia.org>

For additional resources please check out our other Resource Guides

Volumes: A, B, C, and E

Volume A	Clothes Closets Employment Training & Assistance Food Pantries/ Nutrition Services Shelters/ Day Services/ Housing Services
Volume B	Medical/Dental Mental Health Support Substance Abuse Gender/Sexuality Support
Volume C	Household Assistance Government Resources ID Services Information & Referral Transportation
Volume E	Courts/ Jail Ministry Re-entry Legal Resources

Norfolk Community Partner Resource Guides

Volume D: DIFFERENTLY ABLED IMMIGRATION MILITARY/VETERANS SENIOR SERVICES



Prepared by:
Norfolk Re-Entry Council, FBCI Committee
Norfolk Emergency Preparedness & Response Office
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The Norfolk Re-Entry Council focuses on the key barriers to successful offender re-entry, including: Employment and Education, Housing, Financial Obligations and Resources, Social Reintegration, and Physical and Mental Health/Substance Abuse.

The Faith-Based & Community Initiatives Committee (FBCI) focuses on strengthening partnerships with faith-based organizations and collaborates on initiatives that will enhance our community. The goal is to utilize the unique network of organizations in the Norfolk community to address the needs of returning citizens.

EMERGENCY CONTACTS

Police/Fire/Rescue	911
American Red Cross	804-780-2250
Child Protective Services	757-664-6022
Child Help national Child Abuse Hotline	800-422-4453
LGBTQ Partner Abuse and Sexual Assault Hotline	800-838-8238
National Domestic Abuse Hotline	800-799-7233
Norfolk Community Services Board	757-664-7690
Norfolk Poison Control Center	800-222-1222
Suicide Prevention Lifeline	800-273-8255
Virginia Family Violence/Sexual Assault Hotline	800-838-8238
YWCA Women's Crisis Hotline	757-251-0144

Military/Veterans (cont.)

Tutor.com Free, personalized tutoring help for military families available online 24/7	800-411-1970
VA Career Works Support in reaching career goals and connections to other veteran programs and services.	757-461-7537 Ext. 365 757-461-7597 Ext. 367
<ul style="list-style-type: none"> Homeless Veterans Reintegration Program (HVRP) Assists, promotes, and improves employability and employment status among very low income veterans; supportive Services for Veteran Families (SSVF) aims to promote and improve housing stability among very low-income veteran families Virginia Employment Commission Veterans from all periods of military service are eligible for job referral, job training and job placement assistance; also work with active duty currently transitioning out of the military 	757-858-1360 5700 Thurston Ave, Ste 101 Virginia Beach, VA 23455 861 Glenrock Rd, Ste 100 Norfolk, VA 23502
VA Homeless Resources Provides Assistance to homeless Veterans and their families	877-424-3838 Chat available
Virginia Office of the Attorney General Military & Veterans Legal Resource Guide: Employment, consumer protection, education, taxes, family law, other laws that impact military families and veterans	www.oag.state.va.us
Virginia Veteran & Family Support Services Region V Assessment of individual and family needs and direct provision of needed medical	804-786-0286 www.dvs.virginia.gov
Virginia Navigator Search for local services, helpful tips, and answers	www.virginiannavigator.org
Vets House-Incorporated A 12-month program providing contemporary living quarters in a group environment, assistance in job hunting, transportation, personal skills, and development guidance	757-724-8617

Senior Services

Catholic Charities of Eastern Virginia In-home respite; life coach services for adults with chronic disease; guardianship/conservatorship caregiving for individuals deemed incapacitated by the courts with no family to take care of them	757-533-5217 1301 Colonial Ave Norfolk, VA 23517
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Military/Veterans (cont.)

Hampton VA Medical Center Medical services for veterans <ul style="list-style-type: none"> Homeless Patient Aligned Care (H-PACT) Primary care, mental health referral, walk-in services for homelessness, veteran re-entry case management services. VA Outreach Services Programs for at-risk veterans and their families including homelessness; employment; healthcare; homeless veterans dental program; homeless patient aligned care teams (H-PACTs) Veteran Center Readjustment counseling 	757-722-9961 100 Emancipation Dr Bldg. 138, Homeless Pact Hampton, VA 23667 757-722-9961 Ext.3817 977-424-3838 Homeless Crisis Hotline 800-273-8255, Press 1 757-623-7584 877-927-8387 1711 Church St Norfolk, VA 23504
Virginia Department of Veterans Services - Help Lines National help line; USMC 24 hour call center; Crisis link; National Domestic Violence Hotline; Virginia Veteran and Family Support program line; suicide prevention line; 2-1-1 Virginia Resource Directory	101 North 14th Street, 17th Floor Richmond, VA 23219 All number available on website Text available at 838255
Naval Station Norfolk Advocate Services Military Recreation and community resources	757-438-3504 757-444-2230 757-444-2102
Naval Legal Business Outreach Center Assistance with personal civil legal matters; notary services; educate eligible persons and command representatives regarding personal legal rights and responsibilities excluding military justice or actions against the U.S. government	757-341-4470 Quarter Deck 757-341-4489 Legal
ODU Veterans Business Outreach Center Provides entrepreneurial development services to eligible veterans who own or are considering starting a new business	Old Dominion University Norfolk, VA 23529 VBOC@odu.edu
Operation Homefront Financial assistance; food assistance; repairs; help for families of service members and wounded warriors	210-659-7756 1355 Central Parkway, Ste100 San Antonio, TX 78323
TCC Center for Military and Veterans Education Assistance with military education benefits and applying for courses	757-822-7645 855-399-7480 Andrews Bldg, 315 Granby St. Norfolk, VA 23510
TriCare Medical Appointment Center Locating Tricare services; making appointments; benefits questions; claims; complaints; report fraud and abuse	www.tricare.mil See numbers listed on website

Differently Abled

Ability Center of Virginia (formerly Cerebral Palsy of Virginia) Adult day social and recreation program and weekend activities; art-works; respite weekends for parents; summer camp; parent support group	757-497-7474 5825 Arrowhead Dr, Ste 201 Virginia Beach, VA 23462 www.abilitycenter.org
Access Virginia Provides open captioning for deaf/hard of hearing arts patrons (CART) and audio descriptions for the blind/visually impaired attendees	757-276-1761 accessvirginia@gmail.com
ARC of Virginia Promotes and protects the human rights of people with intellectual and developmental disabilities	804-649-8481 2147 Staples Mill Rd Richmond, VA 23230 info@thearcofva.org
Catholic Charities of Eastern Virginia <ul style="list-style-type: none"> Life coach services for adults with chronic diseases Guardianship/conservatorship caregiving for individuals deemed incapacitated by the courts with no family to take of them Representative payee program for individuals at risk of being financially exploited 	757-533-5217 Life Coach 757-875-0060 ext 1033 Guardianship/Conservatorship 757-467-7707 Representative Payee 757-456-2366 1301 Colonial Ave Norfolk, VA 23517
CHKD Care Connection Provides case management and care coordination services; assistance with obtaining health insurance	757-668-7132 601 Children's Ln Norfolk, VA 23507
Department for Aging and Rehabilitative Services Provides and advocates for resources and services to improve the employment, quality of life, independence of seniors, individuals with disabilities and their families	800-552-5019 8004 Franklin Farms Dr Henrico, VA 23229 dars@dars.virginia.gov
Disability Law Center of Virginia Protection and advocacy for Virginians with disabilities	800-552-3962 1512 Willow Lawn Drive, Ste 100 Richmond, VA 23230
Eggleston Services Employment programs, day support and life enhancement, residential services, education and training programs	757-858-8011 1161 Ingleside Rd, Ste A Norfolk, VA 23502
Endeppence Center, Inc. Social security work incentives planning and assistance (WIPA) information and referral; advocacy; peer mentoring; independent living skills training; housing services; education	757-461-8007 6300 E Virginia Beach Blvd Norfolk, VA 23502

Differently Abled (cont.)

Faith Inclusion Network <i>Special needs resources</i>	757-282-8000 7305 Hampton Blvd Norfolk, VA 23505 www.faithinclusionnetwork.org
Foundation for Rehabilitation Equipment and Endowment (FREE) <i>Collects, sanitizes, repairs and gifts donated mobility equipment to uninsured and underinsured adults in Virginia</i>	757-771-6183 5624 Princess Anne Rd Virginia Beach, VA 23462
Hope House Foundation <i>Provides service to adults with intellectual and developmental disabilities in their own homes</i>	757-625-6161 801 Boush St, #302 Norfolk, VA 23510
Learning Disabilities Association of Virginia <i>Enhancing educational and vocational services for individuals with learning disabilities</i>	712-341-1515 4156 Library Rd Pittsburgh, PA 15234-1349 info@davirginia.org
Norfolk Community Services Board <i>Mental health, intellectual disability, and substance abuse treatment</i>	757-823-1600 225 West Olney Rd Norfolk, VA 23510
Infant-Toddler Connection <i>Provides services to families with special needs children aged birth to three, including service coordination, speech language therapies; physical, occupational, and developmental services</i>	757-441-1186 201 E Little Creek Rd Norfolk, VA 23505 CSBITC@norfolk.gov
Norfolk Therapeutic Recreation Center <i>Program utilize recreation to help individuals with temporary impairments</i>	757-441-1764 180 E Evans St Norfolk, VA 23503
Parent Educational Advocacy Training Center <i>Provides assistance with the educational and service maze; develop effective communication; develop self advocacy and organizational skills</i>	703-923-0010 800-869-6782 8003 Forbes Pl, #310 Springfield, VA 22151
Project Lifesaver <i>Provides radio transmitter bracelets to individuals with cognitive issues, including but not limited to dementia, autism, or down syndrome, at risk for wandering away</i>	877-580-LIFE www.projectlifesaver.org
Social Security Administration <i>Retirement, SSI, Medicare, and disability benefits</i>	800-772-1213 5850 Lake Herbert Dr Norfolk, VA 23502
The UP Center <i>Provides summer camp and recreation; sponsored family homes; financial management</i>	757-354-3819 info@theupcenter.org

Differently Abled (cont.)

Todd Rosenlieb Dance <i>Classes for people with down syndrome adaptive classes for students on the autism spectrum</i>	757-626-3262 325 Granby St Norfolk, VA 23510 frontdesk@trdance.org
WHRO Voice <i>Radio reading service; provides free voice radios to the legally blind and individuals with reading or physical disabilities</i>	757-889-9379 5200 Hampton Blvd Norfolk, VA 23508
William and Mary Special Education Advocacy Law PEL Clinic <i>Assist students with disabilities and their family with eligibility or individualized education program meetings, discipline matters, mediation</i>	757-221-5735 Email:pele@wm.edu

Immigration

Commonwealth Catholic Charities <i>Adjustment of status; asylum applications; consular processing; deferred action for childhood arrivals (DACA); employment authorization; employment-based immigrant and non immigrant petitions; family-based petitions; NACARA</i>	757-247-6300 ext.306 12284 Warwick Blvd, 1A Newport News, VA 23606
Virginia Organizing Project <i>Immigration resources</i>	434-984-4655 703 Concord Ave Charlottesville, VA 22903

Military/Veterans

American Legion Post 37 <i>Veterans benefit assistance</i>	757-858-3985
American Red Cross <i>24/7/365 emergency communications services for armed forces and their families; coping with deployments; obtaining sufficient evidence to support claims for VA benefits</i>	757-446-7762 877-272-7337
DAV Chapter #4 <i>Support for veterans and their families</i>	757-857-5056 2428 Ingleside Rd Norfolk, VA 23513
Fleet and Family Services <i>Free parenting and life skill programs; financial programs; deployment support; transition and employment assistance; relocation assistance; counseling and victim assistance</i>	800-372-5463